

Know Your Skin Type

Cleanse your face

Wash your face with a gentle cleanser to remove all makeup, oil, and dirt.



Wait and Observe

Wait for 30 minutes without touching or picking your face. After this time, closely observe the condition of your skin.



Oily Skin

Skin feels shiny and greasy, especially in the T-zone. Pores may appear larger and more visible. The blotting sheet shows significant oil transfer, particularly from the forehead, nose, and chin.



Sensitive Skin

Prone to redness, irritation, and stinging, especially with certain products. Pores may appear small or invisible. While the oiliness level can vary, sensitive skin often feels tight or uncomfortable.



Remember!

This is a general guide. Your skin type can be influenced by various factors like climate, hormones, and age. If you have any concerns or experience persistent irritation, consult a dermatologist for personalized advice.



Pat Dry

Gently pat your face dry with a soft towel. Do not apply any moisturizers or serums. Allow your skin to behave naturally.



Normal Skin

Feels comfortable, neither oily nor dry. Pores are generally small and not very noticeable. The blotting sheet shows minimal oil transfer across the face.



Dry Skin

Feels tight, flaky, or itchy. Pores are usually small and not very noticeable. The blotting sheet shows no oil transfer.



Combination Skin

A combination of both oily and dry zones. The T-zone (forehead, nose, and chin) tends to be oilier, while cheeks and other areas may feel normal or dry. The blotting sheet shows oil transfer in the T-zone with minimal to no transfer elsewhere.

